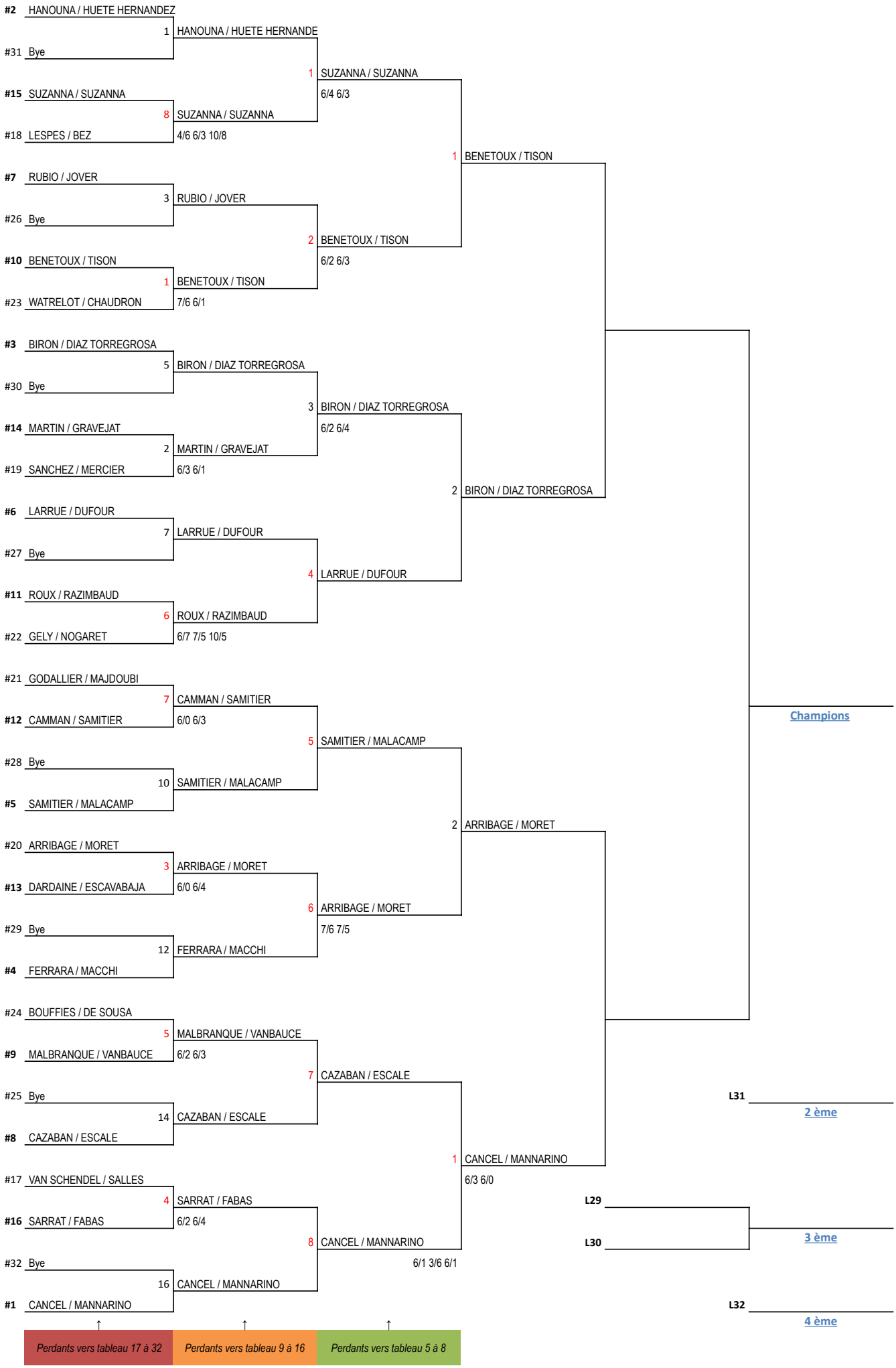P1000 H du 14 déc. 2024